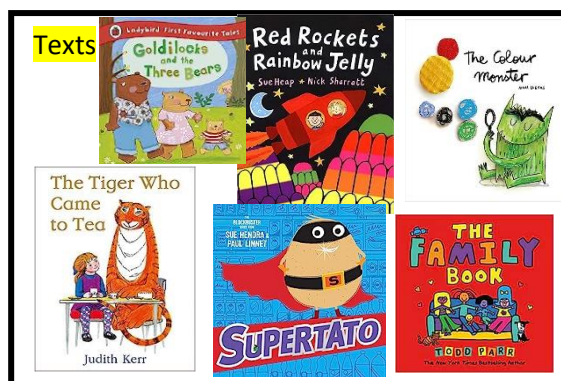


EYFS Autumn 1: Super Me!

Vocabulary

Key vocabulary:

family friend same different healthy home
senses taste/touch/smell/hear/feel
mummy daddy sister brother auntie uncle
nanny/granny/grandma grandad/grandpa
relatives unique



Prior Knowledge	What's Next?
<p>I can talk about my feelings using words like 'happy', 'sad', 'angry' or 'worried'.</p> <p>I am beginning to understand how others might be feeling.</p> <p>I am beginning to make sense of my own life-story and family's history.</p> <p>I can increasingly follow rules, understanding why they are important.</p> <p>I remember rules without needing an adult to remind me.</p>	<p>Year 1- Animals including humans</p> <p>Year 1- Be Yourself</p> <p>Year 1 – TEAM</p>

Key knowledge I need to understand	Key Questions
<p>Relatives are people in my family.</p> <p>Friends are kind and helpful to each other.</p> <p>Everybody is unique.</p> <p>Difference is good!</p> <p>It is normal to have many different feelings.</p> <p>If I feel sad, angry or worried, there are things I can do to make me feel better.</p> <p>Rules help us to stay happy and safe.</p> <p>The five senses are touch, taste, sight, smell and hearing.</p> <p>I can stay healthy by eating healthy foods and exercising.</p>	<p>Who is in my family? What special things do we do together?</p> <p>Where do I live? What is my house like? Is it the same as yours?</p> <p>Who are my friends? How can I be a super friend?</p> <p>How am I the same as, and different from, my friends?</p> <p>What am I feeling?</p> <p>What is super about school?</p> <p>What makes me super? Are we all the same?</p> <p>How can I stay super strong?</p> <p>What are my super senses?</p>

How will I show what I have learned?

I can name and describe people who are familiar to me.

I can talk about members of my immediate family and community.

I can express my feelings and consider the feelings and perspectives of others.

I can moderate my own feelings, socially and emotionally.

I can talk about some ways to keep myself healthy.

I am aware of my senses.

I can describe what I see, hear and feel whilst outside.

Launch	Boost	Destination
Introduce a class monster teddy (It is going to help us settle into school)	Kathy Seabrook music session, including 'all about me' songs	'Come as a superhero' day (take part in activities to test our super strength, super kindness, super senses)

Learning experiences to include:	
<p>Communication and language</p> <p>Use story language to re-enact and retell events Learn actions to accompany storytelling Hot seating Use props from stories to re-enact them Families role play Tell Helicopter Stories Learn and sings songs (e.g., Heads, Shoulders, Knees and Toes, Happy and You Know It, My Five Senses, I Like Being Me)</p>	<p>Literacy</p> <p>Writing our names Learning to read and write letter shapes and words (is, I, the) Play games to listen for rhyme, number of syllables and initial sounds Draw story maps Make marks and draw pictures to communicate ideas</p>
<p>Mathematics</p> <p>Counting and matching amounts Subitise Compare quantities, sizes and capacity Use of sequencing language: first, then, after Build with shapes Make patterns</p>	<p>Understanding the World</p> <p>Name body parts and senses Learn about ways to stay healthy Understand own life story Find out about different families, homes and customs Explore porridge (dry and wet)</p>
<p>Personal, Social and Emotional Development</p> <p>Learn our class/school rules Establish listening behaviours Discuss feelings and how to cope with them (our own and those of characters from stories)</p>	<p>Expressive Arts & Design</p> <p>Re-enact and invent stories, using small world props Colour mix, collage, paint, junk model Add detail to drawings (e.g. self-portrait with facial features) Show emotions in drawings and paintings Learn family/friends/feelings songs, matching the pitch and melodic shape Use musical instruments to accompany songs learnt</p>
<p>Physical Development</p> <p>Become independent in putting on and zipping up coats and toileting Gross motor activities – climb, run, crawl, jump, hop, transport, scoot, balance Fine motor activities – cutting, threading, sticking, fixing, using a knife and fork Talk about making healthy choices about eating, drinking, resting and exercising</p>	

Local links/resources

- Kathy Seabrook's Fun Music +447768184533 kathyseabrook@talktalk.net